



St Benedict's College Sport Handbook 2020



St Benedict's College Sport Program

The Sport Program at St Benedict's College is designed to provide our students with many and varied opportunities for positive experiences in physical activity and competitive sport. Our focus in the sporting arena is always on inclusivity, competitiveness, pride in our College, respect for ourselves, our opposition and the officials and of course, having fun!

IMPORTANT DATES - 2020 SBC SPORT

Term 1	
5 February	SBC Swimming Carnival; BOSL Touch begins
12 February	SECA NRL Referee Course
19 February	Pine Rivers Swimming Carnival
27 February	SECA Girls OzTag & Boys Indoor Cricket
6 March	SECA Boys OzTag & Girls Indoor Cricket
8-9 March	Beach Volleyball Schools Cup (Coolangatta)
11 March	SECA Swimming Carnival
1 April	SBC Cross Country Carnival
Term 2	
29 April	SECA Round 1
1 May	Pine Rivers Cross Country
6 May	SECA Round 2
19 May	Catholic Cup Netball
22 May	SECA Cross Country Carnival
27 May	SECA Round 3
29-31 May	Intermediate Schools Cup Volleyball (Toowoomba)
3 June	SECA Round 4
10 June	SECA Round 5
17 June	SECA Round 6 (Finals)
24-25 June	SBC Athletics Carnival
Term 3	
22 July	SECA Round 1
29 July	SECA Round 2
29-31 July	Pine Rivers Athletics
31 July – 2 August	All Schools Oztag Championship (Sunshine Coast)
5 August	SECA Round 3
7-9 August	Senior Schools Cup Volleyball (Gold Coast)
14 August	SECA Rugby Sevens (Jnr Boys/Jnr Girls/Int Girls)
19 August	SECA Athletics Carnival
26 August	SECA Round 4
28 August	SECA AFL (Jnr/Int)
2 September	SECA Round 5
9 September	SECA Round 6 (Finals)
15 September	SECA Rugby Sevens (Int Boys/Snr Boys/Snr Girls)
Term 4	
16-18 October	Junior Schools Cup Volleyball (Gold Coast)

Note: All dates are subject to change. Some events may be added/removed due to various circumstances.

St Benedict’s College Sport Program

The Sport Program at St Benedict’s College is designed to provide our students with many and varied opportunities for positive experiences in physical activity and competitive sport. The Benedictine values of Service, Balance and Community are at the forefront of our minds in all sports. Our focus in the sporting arena is always on inclusivity, competitiveness, pride in our College and respect for ourselves, our opposition and the officials.

St Benedict’s College is a member of the South Eastern Colleges Association (SECA) in which we compete against other Catholic Secondary Colleges through the ‘Big 3’ Carnivals, Gala Days and weekly Interschool Sport.

In order to allow students to fulfil any club commitments they may have on weekends, most SECA Sports are scheduled during school hours. Training commitments are before and after school and it is an expectation that all students involved in a team attend training sessions.

SECA Sport at SBC (Years 7-12)

TERM ONE	TERM TWO	TERM THREE
Swimming	Cross Country	Athletics
Indoor Cricket Oz Tag	<u>SECA Season 1</u> Rugby League 9’s (Open Boys) Touch Football (Year 7-10 Boys) Netball (Girls) Rugby 7’s (Girls) 5-a-side Soccer Volleyball/Beach Volleyball Chess Theatre Sports	<u>SECA Season 2</u> Rugby League 9’s (Year 7-10 Boys) Touch Football Outdoor Soccer Basketball Chess Theatre Sports
		AFL 9s Rugby 7s

- SECA Sport Interschool Season
- SECA ‘Big 3’ Carnivals
- SECA Gala Days (1 Day Tournaments)

SECA Sport Website – for all the latest information including by-laws, draws, results, and carnival programs please visit the [SECA Sport Website \(seca.sportzvault.com/default.aspx\)](http://seca.sportzvault.com/default.aspx)

Non-SECA Offerings – not all students wish to participate in competitive SECA Sport so the College offers a variety of non-SECA options. These change regularly but include activities such as: Musical, STEM Club, Walking and Fitness, Fishing Club, Aged Care Visits, Asian Culture Club, Social Sport and many more.

Representative School Sport

St Benedict’s College students are encouraged to participate in the Australian School Sport Representative Pathway. This involves trialling at the Pine Rivers District, Metropolitan North Regional and Queensland State Levels in many sports throughout the year.

SBC Students wishing to trial at the District and Regional Level (including Swimming, Cross Country and Athletics) are required to inform the Sport Program Leader at least one month prior to the trial date via the Online Form (available on Teams, Student Notices and the Parent Portal). This ensures any information required for the College to nominate students is collated in full, in a reliable location.

All information about upcoming trials is available at the relevant District or Regional websites.

Please note that it is the responsibility of students to organise all paperwork required for trials. This generally includes a Permission to Trial Form (to be signed by the Sports Program Leader or Principal), medical information and media consent permissions. Every effort will be made to ensure students possess all the correct documentation before trialling, although ultimately this responsibility lies with them.

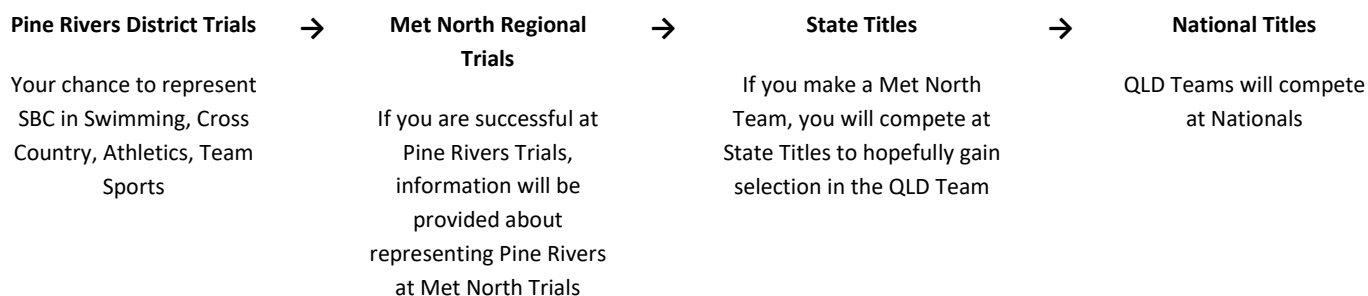
District and Regional Trial Information is available at the following websites:

Pine Rivers District Sport
www.pineriverssport.qld.edu.au

Metropolitan North Regional Sport
www.metnorthsport.qld.edu.au



Representative School Sport Pathway at St Benedict’s College



Other Sporting Opportunities at SBC

In addition to the SECA and Representative Sports offered, there are many different sporting opportunities that we encourage our students to take up each year. These are sports that have more limited places available and give our athletes the chance to shine in higher level competitions. These include BOSL Touch, Basketball and Netball, Catholic Cup Netball, Queensland and National Schools Cup Volleyball, Queensland Schools Cup OzTag and various Queensland Rugby Sevens tournaments. Our involvement year to year in these varies based on student interest, and as such they are encouraged to seek information about each opportunity as it arises throughout the year. Basic details of the major competitions can be found below.

For the majority of these sporting opportunities it will be the responsibility of the student and their families to provide transportation and/or accommodation at the various events. All specific information regarding this will be communicated to families well in advance.

Brisbane Outer Schools League (BOSL)

The BOSL competition provides an opportunity for our students to play outside of school time against teams from many different schools in our region in Touch, Basketball and Netball. We can only nominate one team per age group in BOSL competitions so trials will be run to select the best teams possible. This is a competition for our athletes who are interested in a higher level of interschool competition.

Basic details for teams nominated for the 2020 BOSL seasons are as follows:

Term 1: BOSL Touch

Snr Boys, Snr Girls – Monday afternoons at the Lakes College

Jnr Boys and Jnr Girls – Wednesday afternoons at the Lakes College

Term 2: BOSL Basketball

Jnr Boys – Monday afternoons at Boondall Ent Centre and/or South Pine Sports Complex

Snr Boys – Thursday Afternoons at Boondall Ent Centre and/or South Pine Sports Complex

Term 3: BOSL Netball (to be confirmed)

Jnr Girls, Int Girls, Snr Girls – Monday Afternoons at Redcliffe Netball Association



SBC Volleyball

The SBC Volleyball program has been building over the duration of our existence as a College. Students prepare each year to compete at various Volleyball Queensland tournaments throughout the year. Specific details about each, including teams nominated are communicated to our volleyballers throughout the year. Please contact our Volleyball Manager, Director of Coaching and/or Sport Program Leader regarding details.

Volleyball Queensland Tournaments

Term 1	Term 2	Term 3	Term 4
Queensland Beach Volleyball Schools Cup	Queensland Intermediate Schools Cup Volleyball	Queensland Senior Schools Cup Volleyball	Queensland Junior Schools Cup Volleyball
Coolangatta Beach	Toowoomba (Various)	Gold Coast (Various)	Gold Coast (Various)
Boys and Girls	Boys and Girls	Boys and Girls	Boys and Girls
Yrs 7-12	Yrs 9-10	Yrs 11-12	Yrs 7-8



SBC Sport Contacts

Sport Program Leader	Mr Dominic Clarke	dominic.clarke@bne.catholic.edu.au
Volleyball Manager	Mr Josh Carseldine	joshua.carseldine@bne.catholic.edu.au
Director of Volleyball Coaching	Mr Chris Carlill	ccarlill@bne.catholic.edu.au

St Benedict's College Sport: Code of Conduct

Representing St Benedict's College in any sport is a privilege. The importance of adhering to a Code of Conduct ensures that players, coaches, and officials can perform their tasks to the best of their ability, unhindered by inappropriate conduct.

The following Code of Conduct highlights the level of expected behaviour of players when participating in sport at St Benedict's College, whether that be training or in competition. Consequences for not honouring this Code of Conduct are listed below. Please ensure that you have read and understand this code prior to participating in training and competitions. For further information please contact the Sports Program Leader.

Expectations of members and supporters of St Benedict's College teams

- Exhibit behaviour within the College community **prior** to and **during** representation that signifies a capacity to represent St Benedict's College to an acceptable standard. Students who fail to demonstrate these capacities may be **withdrawn from a College team**.
- College behaviour and commitment to studies will be of an acceptable standard. A student may not be permitted to represent the College in co-curricular activities if this standard is not met. This decision could be made at any time leading up to or during a sporting competition.
- Be on time to all training sessions and notify the coach if you are unable to make it. Provide a valid explanation for the absence, ideally in the form of a note from a parent/guardian.
- Follow all directions of the coach (including playing to the team structures) as stipulated by the coach.
- Show respect for yourself, your teammates, officials, your opponents, and their abilities.
- Never argue with or question the officials' decisions.
- Control your temper – no criticism by word or gesture.
- Compete by the competition conditions and rules.
- Exhibit exemplary integrity in the sporting arena above everything else. Encourage and support your own team members.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Behave in a manner that respects the rights of others regardless of mediums of communication used e.g. digital mediums such as Social Media, email and texts.
- Always wear the official team uniform, including purchasing items if needed, as directed by team coach/College.
- Stay in the designated team area and support other team members during times when you are not competing.
- Ultimately, take responsibility for your own behaviour and performance.

Student Consequences for Breaches of the Code of Conduct

Team coaches will deal immediately with any breaches of this code by imposing appropriate consequences. Some of these may include:

- Verbal warning to student identifying breaches of the code
- Formal meeting with coach and Sports Coordinator
- Notification to parents
- Removal from the team
- Suspension from all College and representative sport

Additional information for Supporters

Please note, all St Benedict's supporters, including family members (not limited to parents/guardians), friends and student supporters are expected to conduct themselves in a manner which reflects the values, beliefs and expectations of St Benedict's College.

Identified breaches will be reported to the College Principal and supporters may be banned from attending St Benedict's College sporting events.